

The Trellis Bible Study Guide

Title: Prayer

DATE: October 18, 2020, Week 6

Focal Passage: “Devote yourselves to prayer, being watchful and thankful.” Colossians 4:2

Focal Story: Parable on Prayer – Luke 18:1-8

Focal Question: How do we develop an intentional prayer connection with God?

Prayer Description: Life with Jesus expands through our connection to God-Father-Son, and Holy Spirit.

Bible Study Content Outline:

Definition of Prayer: Our primary connection to God, the Father, Son and Holy Spirit

Examples/Applications of this practice

“And pray in the Spirit on all occasions with all kinds of prayers and requests.” – Ephesians 6:18a

Additional Practices:

Prayer of the Heart
Prayer

Prayer of Celebration

Study of the Lord’s

Pray of Tears

Prayer of Relinquishment

Pray the Names of Jesus

Prayer of Rest

Radical Prayer

First Thoughts

Unceasing Prayer

Prayer of Suffering

Praying in Color

Meditative Prayer

Intercessory Prayer

Three Words

Praying the Ordinary

Prayer of Adoration

Prayer Labyrinth

Prayer of Examen

Contemplative Prayer

Palms Up, Palms Down

Praying the Ordinary

Healing Prayer

Prayer Retreat

Covenant Prayer

Prayer for the Forsaken

Pray the Psalms

Relevant Scripture:

“Devote yourselves to prayer, being watchful and thankful.” Colossians 4:2

“Now He was telling them a parable to show that at all times they ought to pray and not lose heart.” – Luke 18:1

“If you abide in Me, and My word abide in you, ask whatever you wish, and it shall be done for you.” – John 15:7

Prayer intertwines and supports all the stakes on The Trellis. Prayer keeps us close to God and leads us to fruit bearing. Devotion to prayer and keeping an expectant, watchful attitude leads to our personal transformation. Gratitude is our way to thank God for hearing our prayers and then trusting in His answers.

Additional Scripture:

Ephesians 6:18

1 Thessalonians 5:17

Romans 12:2

Luke 9:28

Philippians 4:6-7

Romans 8:26-27

Jeremiah 29:12

Isaiah 55:8-9

Matthew 6:6-7

Acts 2:42

Luke 1:1-13

Questions for my specific personal use of this practice:

- What is the parable saying to me personally?
- What strengths in this area of discipline do I have already?
- What is my next step to further learning and growth in my prayer practice?
- What resources do I need to further understand my practice of this discipline?

Recommended for Further Reading:

- *Prayer – Finding the Heart's True Home* by Richard Foster
- *Invitation to Silence and Solitude* by Ruth Haley Barton
- *How to Pray – Pete Greig*

Devotional Guides:

- *31 Days of Praise* by Ruth Myers
- *Jesus Calling* by Sarah Young
- *My Utmost for His Highest* by Oswald Chambers